



YOUNG GUESTS



2 COURSES £6.49 3 COURSES £7.49

We care about all of our guests, especially our youngest ones, that's why our chefs have been working so hard on this menu.

The calorie, salt and sugar content of all our meals is indicated.

All of our main meals can be served with 2 of your 5 a day – look out for the symbols! 🍏 🥦

Starters £1.25

Crunchy Veg Dip Sticks (ve) 🍏
cucumber, carrot, flatbread, red pepper houmous
156 kcals, 4.3g sugar, 0.48g salt

Mini Corn on the Cob (ve) 🍏
tomato dip
104 kcals, 4.3g sugar, 0.05g salt

Garlic Bread (v)
tomato dip
196 kcals, 3.5g sugar, 0.77g salt

Mains £5.49

Super Veg Pasta (v) 🍏 Italian hard cheese, rocket, peas
396 kcals, 8.3g sugar, 0.16g salt

Veggie Lasagne (v) 🍏 two sides of your choice
228 kcals, 7.1g sugar, 0.41g salt

Hand-Battered Fish† four goujons, two sides of your choice
516 kcals, 3g sugar, 1.91g salt

Crispy Chicken Strips six strips, BBQ dip, two sides of your choice
348 kcals, 9g sugar, 1.77g salt

Hand-Pressed Beef Burger brioche bun, BBQ dip, two sides of your choice 375 kcals, 12g sugar, 0.93g salt

Crispy Chicken Burger brioche bun, BBQ dip, two sides of your choice 371 kcals, 12g sugar, 1.48g salt

Fish Pie† 🍏 carrots 304 kcals, 10.7g sugar, 0.69g salt

Pasta & Beetballs (ve) 🍏 rocket, peas 592 kcals, 17.4g sugar, 0.85g salt

Moules Marinière†^ two sides of your choice 262 kcals, 1.6g sugar, 2.68g salt

28-Day-Aged Rump Steak 4oz* cherry tomatoes, lamb's lettuce, two sides of your choice 148 kcals, 0.9g sugar, 0.11g salt

Super Sausages three sausages, gravy, two sides of your choice
279 kcals, 8.2g sugar, 2.1g salt

Super Plant-Based Sausages (ve) three Quorn™ Cumberland sausages, gravy, two sides of your choice 293 kcals, 2.6g sugar, 2.09g salt



Choose from the following sides:

Carrots (ve) 🍏 42 kcals, 6g sugar, 0g salt

Crunchy Veg Sticks (ve) 🍏 23 kcals, 3.6g sugar, 0.05g salt

Peas (ve) 🍏 137 kcals, 5.1g sugar, 0g salt

Mini Corn on the Cob (ve) 🍏 90 kcals, 2.8g sugar, 0.01g salt

Baked Beans (ve) 77 kcals, 5.4g sugar, 0.72g salt

Salad (ve) 10 kcals, 1.2g sugar, 0g salt

Mini Jacket (ve) 93 kcals, 3.3g sugar, 0.15g salt

Glazed Seasonal Veg (v) 🍏 83 kcals, 6g sugar, 0.08g salt

Sunshine Rice (v) 🍏 126 kcals, 3g sugar, 0.25g salt

Chips (v) 287 kcals, 2.4g sugar, 0.12g salt

Mash (v) 176 kcals, 1.5g sugar, 0.75g salt

Garlic Bread Fingers (v) 182 kcals, 2.0g sugar, 0.72g salt

Children's Roasts £5.49 (every Sunday)

roast potatoes, sage & onion stuffing, Yorkshire pudding, glazed seasonal veg, honey-roast carrots, gravy

Choose from:

Sirloin of Beef 🍏 893 kcals, 15.7g sugar, 1.86g salt **Turkey Breast 🍏** 813 kcals, 15.7g sugar, 2.97g salt

Pork Loin 🍏 944 kcals, 15.7g sugar, 1.7g salt **Mushroom, Spinach & Stilton Wellington (v) 🍏** 1287 kcals, 17.7g sugar, 3.89g salt

Puddings £1.75

Whoops I Made a Mess (v)
frozen strawberry yoghurt, raspberries, meringue, whipped cream, waffle cone
259 kcals, 27.5g sugar, 0.1g salt

Goopy Chocolate Brownie (v)
vanilla-flavour ice cream, chocolate-flavour sauce
383 kcals, 50.1g sugar, 0.39g salt

Fruit Salad (ve) 🍏 strawberry, pear, peach 78 kcals, 17.2g sugar, 0g salt

Apple Crumble (v) 🍏 custard 269 kcals, 33.2g sugar, 0.06g salt
Vegan option also available (ve)

Ice Cream (v) two scoops of:

Vanilla-Flavour 97 kcals, 12.2g sugar, 0.1g salt,

Chocolate-Flavour 99 kcals, 13.4g sugar, 0.08g salt,

Vanilla & Coconut (ve) 113 kcals, 9.1g sugar, 0.01g salt,

Lemon Curd Sorbet 95 kcals, 19.3g sugar, 0.08g salt,

Frozen Strawberry Yoghurt 88 kcals, 15.2g sugar, 0.05g salt

with **Strawberry-flavour sauce (ve)** 32 kcals, 7.5g sugar, 0g salt

or **Chocolate-flavour sauce (v)** 28 kcals, 5.5g sugar, 0g salt

Drinks

All of our drink options contain no added sugar.

CAWSTON
—PRESS—

Made with a simple blend of pressed juice and water, with no added sugar or artificial sweeteners. Choose from:
Apple & Summer Berries or Apple & Mango £1.85

Fruit Shoot No Added Sugar £1.85
Blackcurrant & Apple or Orange

Fruit Juice
Orange, Apple or Cranberry

Milk £0.50

Free tap water is also available.
Ask a member of our team for drinks pricing.

Turn over to find fun activities and our terms & conditions.



The Great Outdoors

Colour in the leaves. Can you name the different trees they have fallen from?

S _ _ _ _ M O _ _ _ _



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Weather Words

ACROSS

- Look up! Is it blue or grey today?
- A shorter word for umbrella.
- Come as a pair and keep your feet dry.



DOWN

- Falling rain that also makes you clean.
- Always fun to splash in!
- Appears when the sun meets the rain.



What goes up when the rain comes down?

AN UMBRELLA!

What does a cloud wear under its raincoat?

THUNDERWEAR!

What do you call a bear caught in the rain?

A DRIZZLY BEAR!



Rainy Riddle

A man was outside taking a walk when it began to rain. He did not have an umbrella and he wasn't wearing a hat. His clothes were soaked, yet not a single hair on his head got wet. How could this happen?



Design your Dream Wellies

Spots, stripes, stars, zigzags...
create the ultimate wellies and really make a splash!

Answers: Leaves: Sycamore, Ash, Oak, Weather Words: Across 1. Sky, 3. Brolly, 5. Wellies, Down 1. Shower, 2. Puddle, 4. Rainbow, Rainy Riddle: he was bald.

Full allergen information on the ingredients in the food we serve is available on request – please speak to a team member. You can review our allergen information if you download the Greene King app, or visit our website at www.chefandbrewer.com. We aim to make our food enjoyable for as many people as possible, so we have a great range of dietary specific dishes. ❶ Counts as 1 of your 5 a day. ❷ Counts as 2 of your 5 a day. (v) suitable for vegetarians. (ve) suitable for vegans. †Fish, poultry and shellfish dishes may contain bones and/or shell. *All weights are approximate before cooking. ^Dish contains alcohol. All of our dishes are prepared in kitchens where nuts and gluten are present as well as other allergens; therefore we cannot guarantee that any food item is completely free from traces of allergens, due to the risk of unexpected cross contamination. Please advise the team of any dietary requirements before ordering. Please be aware the allergen information for our dishes may change between the date of booking and the date of your visit. We would advise all of our guests contact a member of the team on the date of their visit to confirm the allergen information of their selected meals. Our menu descriptions do not list all ingredients. Whilst we take care to preserve the integrity of our vegetarian & vegan products, we must advise that these are handled in a multi-kitchen environment. For 1 of your 5 a day, look out for the symbol. Calories, sugar and salt figures stated are based on average serving sizes and as dishes are made to order, this may vary slightly. This information has been provided to allow you to make an informed choice when dining with us. Children between 5-10 years old need around 1,800 calories a day, this will vary by age and level of activity, some children will need less, and some will need more. Full nutrition information is available on our website. 1 of your 5 a day = 40-60g of fruit or vegetables, or 150ml pure juice. Quorn™ is a registered trademark. All service charges, cash and credit/debit card tips are paid in full to our team members. Chef & Brewer is a trading name of Greene King Brewing and Retailing Limited, Sunrise House, Ninth Avenue, Burton upon Trent, Staffordshire, DE14 3JZ.



Chef & Brewer
COLLECTION