

Chef and Brewer - Core Menu October 2016 Allergy Data (Inc Grazing Plates)

		Contains Sulphur Dioxide / Sulphites (great than 10mg/kg)	Contains Fish	Contains Crustaceans	Contains Molluscs	Contains Milk	Contains Tree Nuts*	Contains Peanuts	Contains Sesame Seed	Contains Celery	Contains Mustard	Contains Egg	Contains Lupin	Contains Gluten**	Contains Soya	Suitable for Vegetarians	Suitable for Vegans
Starters	Soup of the Day (No Bread, choice below)	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes	No
	Farmhouse Pate	Yes	No	No	No	Yes	No	No	No	No	Yes	Yes	No	Yes (Wheat & Barley)	No	No	No
	Stilton & Peppercorn Mushrooms	No	No	No	No	Yes	No	No	No	Yes	No	No	No	Yes (Wheat)	Yes	Yes	No
	Scallops & Pulled Pork	Yes	No	No	Yes	No	No	No	No	No	Yes	No	No	Yes (Barley)	No	No	No
	Atlantic Prawn Cocktail	Yes	No	Yes	No	Yes	No	No	No	No	No	Yes	No	Yes (Wheat & Barley)	No	No	No
	Bubble & Squeak	No	No	No	No	Yes	No	No	No	Yes	Yes	Yes	No	Yes (Barley)	Yes	No	No
	Box Baked French Camembert	No	No	No	No	Yes	No	No	No	No	No	No	No	Yes (Wheat, Barley & Rye)	No	Yes	No
Grazing Plates	Cheese Fondue	No	No	No	No	Yes	No	No	No	Yes	Yes	No	No	Yes (Wheat & Barley)	No	Yes	No
	Cod Fish Cakes	No	Yes	No	No	Yes	No	No	No	No	Yes	Yes	No	Yes (Wheat)	No	No	No
	Chicken & Chorizo Skewers	No	No	No	No	Yes	No	No	No	No	No	Yes	No	Yes (Barley)	No	No	No
	Hummus	No	No	No	No	Yes	No	No	Yes	No	No	No	No	No	No	Yes	No
	Goats Cheese Roulade	No	No	No	No	Yes	Yes (Walnuts)	No	No	No	No	No	No	Yes (Wheat, Rye & Barley)	No	Yes	No
	Ham Hock & Pea Terrine	No	No	No	No	No	No	No	No	No	Yes	No	No	Yes (Wheat & Rye)	No	No	No
	Devilled Whitebait	No	Yes	No	No	No	No	No	No	No	Yes	Yes	No	Yes (Wheat)	No	No	No
	Maple Bacon Bites	No	No	No	No	No	No	No	No	No	Yes	Yes	No	Yes (Wheat)	No	No	No
Pub Classics	Hand Battered Cod & Chips	No	Yes	No	No	No	No	No	No	Yes	Yes	Yes	No	Yes (Wheat)	No	No	No
	Vegetarian Fish & Chips	No	No	No	No	Yes	No	No	No	No	Yes	Yes	No	Yes (Wheat)	No	Yes	No
	Chicken Tikka Makhani Tiffin	No	No	No	No	Yes	No	No	No	No	Yes	No	No	Yes (Wheat)	Yes	No	No
	Roasted Veg Jalfrezi Tiffin	No	No	No	No	Yes	No	No	No	No	Yes	No	No	Yes (Wheat)	Yes	Yes	No
	Slow Cooked Pork Belly	Yes	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No
	Brewers Chicken Breast	No	No	No	No	Yes	No	No	No	No	Yes	No	No	Yes (Barley)	No	No	No
	Lasagne	No	No	No	No	Yes	No	No	No	No	Yes	Yes	No	Yes (Wheat & Rye)	No	No	No
	Slow Cooked Lamb Shoulder	Yes	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No
	Creamy Fish Pie	No	Yes	Yes	No	Yes	No	No	No	Yes	No	No	No	No	No	No	No
Caramelised Bacon Belly	No	No	No	No	No	No	No	No	No	No	Yes	No	Yes (Wheat & Barley)	No	No	No	

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Inspired Dishes	Sea Bass & Seared Scallops	Yes	Yes	Yes	Yes	Yes	No	No	No	Yes	No	No	No	No	No	No	No	
	Trlo Of Chicken	Yes	No	No	No	Yes	No	No	No	Yes	No	Yes	No	Yes (Wheat)	No	No	No	
	Seafood Grill	Yes	Yes	Yes	No	Yes	No	No	No	No	No	Yes	No	No	Yes	No	No	
	Cambrian Lamb Rump	Yes	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No	
	Rib of Beef & Pulled Pork	No	No	No	No	Yes	No	No	No	No	Yes	No	No	Yes (Barley)	Yes	No	No	
	Beetroot Risotto	Yes	No	No	No	Yes	Yes (Almond)	No	No	Yes	Yes	No	No	No	No	Yes	Yes	No
	Superfood Salad Bowl	Yes	No	No	No	No	No	No	Yes	No	No	No	No	Yes (Barley)	Yes	Yes	Yes	
Burgers	6oz Gourmet Steak Burger	No	No	No	No	Yes	No	No	No	No	Yes	Yes	No	Yes (Wheat)	No	No	No	
	Gourmet Chicken Burger	No	No	No	No	Yes	No	No	No	No	No	Yes	No	Yes (Wheat)	No	No	No	
	Spiced Mexican Melt Burger	Yes	No	No	No	Yes	No	No	No	No	No	Yes	No	Yes (Wheat & Barley)	No	Yes	No	
	Chef's Speciality Breed Burger	No	No	No	No	Yes	No	No	No	Yes	Yes	Yes	No	Yes (Wheat)	No	No	No	
	Buttermilk Chicken Burger	No	No	No	No	Yes	No	No	No	No	Yes	Yes	No	Yes (Wheat)	No	No	No	
	Hog Roast Burger	Yes	No	No	No	Yes	No	No	No	No	Yes	Yes	No	Yes (Wheat & Barley)	No	No	No	
Pies	Steak & Ale	No	No	No	No	Yes	No	No	No	Yes	No	Yes	No	Yes (Wheat & Barley)	No	No	No	
	Chicken & Pancetta	No	No	No	No	Yes	No	No	No	Yes	Yes	Yes	No	Yes (Wheat)	No	No	No	
	Lamb Shank Shepherds Pie	No	Yes	No	No	Yes	No	No	No	Yes	No	No	No	Yes (Wheat & Barley)	No	No	No	
From the Grill (No Choices, as below)	8oz Black Angus Sirloin	No	No	No	No	No	No	No	No	No	No	No	No	Yes (Wheat)	No	No	No	
	9oz Black Angus Rump	No	No	No	No	No	No	No	No	No	No	No	No	Yes (Wheat)	No	No	No	
	10oz Black Angus Rib Eye	No	No	No	No	No	No	No	No	No	No	No	No	Yes (Wheat)	No	No	No	
	7oz Black Angus Fillet	No	No	No	No	No	No	No	No	No	No	No	No	Yes (Wheat)	No	No	No	
	Mixed Grill	Yes	No	No	No	No	No	No	No	No	No	Yes	No	Yes (Wheat & Barley)	No	No	No	

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Steak Toppers	Peppercorn & Buttermilk Sauce	No	No	No	No	Yes	No	No	No	Yes	No	No	No	No	No	No	No
	Smoked Hollandaise Sauce	No	No	No	No	Yes	No	No	No	No	No	Yes	No	No	Yes	Yes	No
	Red Wine, Onion & Chorizo Sauce	Yes	No	No	No	Yes	No	No	No	Yes	No	No	No	Yes (Wheat)	Yes	No	No
	Smoked Black Garlic Butter	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes	No
	Basil, Tomato & Parmesan Butter	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No	No
Grill Choices	Chips	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes
	Mashed Potato	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes	No
	Jacket Potato & Butter	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes	No
	Salad	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	Yes	No
Desserts (No choices where applicable, as below)	Salted Caramel Sundae	No	No	No	No	Yes	No	No	No	No	No	Yes	No	No	Yes	Yes	No
	Irish Coffee Sundae	No	No	No	No	Yes	No	No	No	No	No	No	No	No	Yes	Yes	No
	Classic Chocolate Ice Cream	No	No	No	No	Yes	No	No	No	No	No	No	No	No	Yes	Yes	No
	Classic Strawberry Ice Cream	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes	No
	Classic Clotted Cream Vanilla Ice Cream	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes	No
	Raspberry Sorbet	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes
	Mango Sorbet	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes
	Cookie Dough Ice Cream	No	No	No	No	Yes	No	No	No	No	No	Yes	No	Yes (Wheat)	Yes	Yes	No
	Mint Choc Chip Ice Cream	No	No	No	No	Yes	No	No	No	No	No	No	No	No	Yes	Yes	No
	Eton Mess Ice Cream	No	No	No	No	Yes	No	No	No	No	No	Yes	No	Yes (Wheat)	Yes	Yes	No
	Ultimate Sticky Toffee Pudding	No	No	No	No	Yes	No	No	No	No	No	Yes	No	Yes (Wheat)	No	Yes	No
	Kentish Bramley Apple Pie	Yes	No	No	No	No	No	No	No	No	No	No	No	Yes (Wheat)	No	Yes	Yes
	Millionaire's Cheesecake	No	No	No	No	Yes	No	No	No	No	No	Yes	No	Yes (Wheat, Barley & Oats)	Yes	Yes	No
	Chocolate & Coconut Torte	No	No	No	No	No	Yes (Almond, Cashew, Hazelnut, Walnut)	No	No	No	No	No	No	No	Yes	Yes	Yes
	Indulgent Chocolate Fudge Cake	No	No	No	No	Yes	No	No	No	No	No	Yes	No	Yes (Wheat)	Yes	Yes	No
	Crumble of the Day	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	No
Rhubarb Pudding	No	No	No	No	Yes	No	No	No	No	No	Yes	No	Yes (Wheat, Barley & Oats)	No	Yes	No	
Eccles Shortbread Slice	Yes	No	No	No	Yes	No	No	No	No	No	No	No	Yes (Wheat)	Yes	Yes	No	
Cheeseboard	No	No	No	No	Yes	No	No	Yes	No	No	Yes	No	Yes (Wheat, Barley & Rye)	No	Yes	No	

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Dessert Choices	Custard	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes	No
	Double Cream	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes	No
	Classic Clotted Cream Vanilla Ice Cream	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes	No
Sides	Chips	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes
	Triple Cooked Chips	No	No	No	No	No	No	No	No	No	No	No	No	Yes (Wheat)	No	Yes	Yes
	Sweet Potato Fries	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes
	Onion Rings	No	No	No	No	No	No	No	No	No	No	No	No	Yes (Wheat)	No	Yes	Yes
	Mashed Potato	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes	No
	Roast New Potatoes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes
	Dressed Seasonal Salad	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	Yes	Yes
	Seasonal Vegetables	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes	No
	Garlic Ciabatta	No	No	No	No	Yes	No	No	No	No	No	No	No	Yes (Wheat & Rye)	No	Yes	No
	Garlic Ciabatta with Cheese	No	No	No	No	Yes	No	No	No	No	No	No	No	Yes (Wheat & Rye)	No	Yes	No
	Kale Coleslaw	No	No	No	No	No	No	No	No	No	Yes	Yes	No	No	No	Yes	No
	Halloumi	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes	No
	Rump Steak	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
	Salmon Fillet	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Chicken Breast	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	
Wild Patagonian King Prawns	Yes	No	Yes	No	Yes	No	No	No	No	No	No	No	No	No	Yes	No	
Sunday Best	Slow Cooked Rib of Beef	Yes	No	No	No	Yes	No	No	No	Yes	No	Yes	No	Yes (Wheat)	Yes	No	No
	Slow Cooked Lamb Shoulder	Yes	No	No	No	Yes	No	No	No	Yes	No	Yes	No	Yes (Wheat)	Yes	No	No
	Slow Cooked Pork Belly	Yes	No	No	No	Yes	No	No	No	Yes	No	Yes	No	Yes (Wheat & Barley)	Yes	No	No
Traditional Roasts	Roast Topside of Beef	No	No	No	No	Yes	No	No	No	Yes	No	Yes	No	Yes (Wheat)	Yes	No	No
	Roast Turkey with Stuffing	No	No	No	No	Yes	No	No	No	Yes	No	Yes	No	Yes (Wheat & Barley)	Yes	No	No
	Roast Pork Loin with Stuffing	No	No	No	No	Yes	No	No	No	Yes	No	Yes	No	Yes (Wheat & Barley)	Yes	No	No
	Trio of Roasts	No	No	No	No	Yes	No	No	No	Yes	No	Yes	No	Yes (Wheat & Barley)	Yes	No	No
	Roast Nut Wellington	No	No	No	No	Yes	Yes (Cashew)	No	No	Yes	No	Yes	No	Yes (Wheat)	Yes	Yes	No

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Sunday Sides	Cauliflower Cheese	No	No	No	No	Yes	No	No	No	Yes	Yes	No	No	No	No	Yes	No
	Seasonal Vegetables	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes	No
	Pig in Blanket	Yes	No	No	No	No	No	No	No	No	No	No	No	Yes (Wheat)	No	No	No
	Braised Red Cabbage	Yes	No	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes	No
Bread Choices	Butter	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes	No
	White Bloomer	No	No	No	No	No	No	No	No	No	No	No	No	Yes (Wheat & Barley)	No	Yes	Yes
	Malted Bloomer	No	No	No	No	No	No	No	No	No	No	No	No	Yes (Wheat & Barley)	No	Yes	Yes
	Deml Malted Baguette	No	No	No	No	No	No	No	No	No	No	No	No	Yes (Wheat & Barley)	No	Yes	Yes
	Deml White Baguette	No	No	No	No	No	No	No	No	No	No	No	No	Yes (Wheat)	No	Yes	Yes
Condiments	Vinegar Malt	No	No	No	No	No	No	No	No	No	No	No	No	Yes (Barley)	No	Yes	Yes
	Horseradish Sauce (Relish)	No	No	No	No	Yes	No	No	No	No	Yes	Yes	No	No	No	Yes	No
	Bramley Apple Sauce - Colemans	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes
	Wholegrain Mustard	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	Yes	No
	Tomato Ketchup	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	Yes	Yes
	HP Squeezy Brown Sauce 425g	No	No	No	No	No	No	No	No	No	No	No	No	Yes (Barley & Rye)	No	Yes	Yes
	Sarson's Vinegar - Table Top	No	No	No	No	No	No	No	No	No	No	No	No	Yes (Barley)	No	Yes	Yes
	Cranberry Sauce	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes
	Mint Sauce	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes
	French Mustard	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	Yes	Yes
	English Mustard	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	Yes	Yes
Mayonaise 2.5ltr	No	No	No	No	No	No	No	No	No	Yes	Yes	No	No	No	Yes	No	
Tartare Sauce	No	No	No	No	No	No	No	No	No	Yes	Yes	No	No	No	Yes	No	

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